



Traralgon Harriers
Traralgon Harriers Athletic Club Inc



Sunday 26th July 2009.

“SWAGGY WILSON MEMORIAL”

Incorporating the
Traralgon Harriers 12km Championships
Plus 6km support event:
Fitzgibbons Road Tyres:
9:A.M Start.

All runners are invited to enter on the day.
Fill out entry form and hand in on the day.



In Memory of a great Harrier:

Course Details and information next page.

Race Conditions:



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Championship Medallions will be presented in both Open and Vets 40+ categories where numbers are sufficient. There must be a minimum of five runners in a category for 1st, 2nd and 3rd Medallions to be presented. Where there are 4 runners only 1st and 2nd will be presented and 3 runners only 1st will be presented. Medallions will be presented to juniors regardless of numbers. Junior age group will be under 18 on the day of race.

Race Locations:

The course has been moved to the end of Fitzgibbons Road Tyers for several reasons. It is becoming harder to provide a safe course around the clubrooms without employing several marshals and volunteers. Especially as the event numbers grow so does our responsibility for everyone's welfare. This location gives us the opportunity to provide a scenic safe challenging course and also take in some of the famous Mal Hill course. As the road is closed to through traffic runners will be able to park along both sides at the end of Fitzgibbons Road. Fitzgibbons Road is off the Walhalla Road just before you turn sharply to your left and start climbing up the hill. Proceed to Tyers take the road to Walhalla and look for Fitzgibbons Road on your right.

Entry cost 12km event \$5:00 Adult, \$2:00 under 18 and \$10:00 Family.
6km event \$2:00 all entrants.

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FILL IN USING BLOCK LETTERS PLEASE.

SURNAME.....

CALL NAME.....



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CIRCLE -GENDER MALE / FEMALE
 AGE GROUP- JUNIOR UNDER 18 OPEN VET (40+)
 EVENT 12Km. 6Km.

DATE OF BIRTH...../...../.....

POSTAL ADDRESS.....

.....POSTCODE...

TELEPHONE HOME.....

BUSINESS HOURS.....

MOBILE.....

EMAIL.....

Indemnity

I acknowledge that I have read and understood the above and in consideration of the Traralgon Harriers Athletic Club Inc. accepting my entry. I hereby indemnify the club and its officers from all claims arising out of any act or omission of the club and its officers. This indemnity extends to but is not limited to claims for negligence and/or breach of contract. It extends to but is not limited to participation in training and racing.

FOR U 18 A SIGNATURE OF GUARDIAN IS REQUIRED

SIGNATURE

Signature:

Date.....

Race History

Year	Male	Female
1997	Paul Wilson 40:12	Birget Wilson 50:21
1998	Michael Lancaster 42:59	Kylie Fox 48:08
1999	Michael Lancaster 43:33	Sandra Timmer-Arends 44:40
2000	John MacKenzie 42:30	Corey Harle 54:29
2001	John MacKenzie 39:40	Peta Mullens 52:54



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2002	Nenet Susa 41:04	Penny Burgess 54:34
2003	Steve Quirk 42:59	Sandra Timmer-Arends 49:27
2004	Steve Quirk 42:07	Penny Burgess 54:04
2005	Steve Quirk 42:19	Leanne Keating 1:02:31
2006	Steve Quirk 44:23	Sandra Timmer-Arends 49:41
2007	John MacKenzie 43:10	Lynda McRae 48:31
2008	John MacKenzie 42:01	Delwyn Hewitt 51:37

Geoff “Swaggy” Wilson died tragically in January 1997. He was a long time member of our club who typifies the Traralgon Harrier spirit. Friendly and helpful to all especially new members. He will also be remembered as fiercely competitive in a healthy and friendly way. Since his death we have dedicated the running of this 12km event with a 6km support event so everyone can join in the celebration and memory of this great club person.